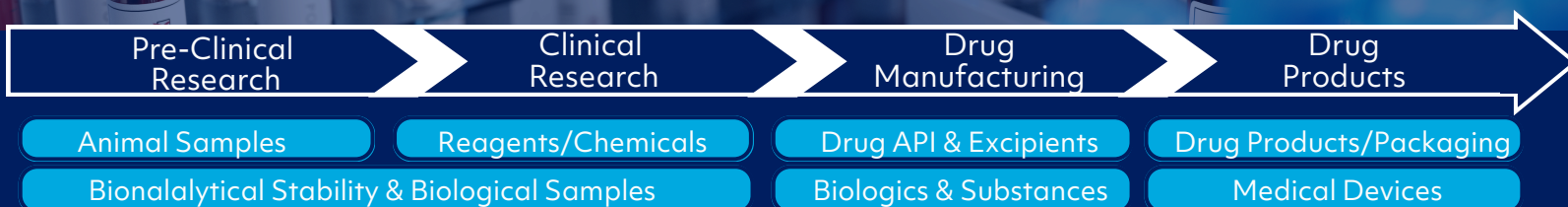


SAMPLE STABILITY & BIOREPOSITORY STORAGE BEST PRACTICES GUIDE



Access Our
Best Practice
Guide

From proof-of-concept to commercialization, every new regulatory approved drug and device requires ~1 million samples to be stored along the R&D pipeline through patent expiration.



KNOW YOUR ICH STABILITY ZONE

Zone I	Temperate zone	Zone IV	Hot dry zone
Zone II	Mediterranean/subtropical zone	Zone IVa	Hot humid/Tropical zone
Zone III	Hot dry zone	Zone IVb	ASEAN testing conditions hot/higher humidity

Accelerated & Intermediate Testing Conditions

Climatic zone	Temp.	Humidity	Min. Duration
Accelerated Ambient	40°C ± 2°C	75% rH ± 5% rH	6 months
Accelerated Refrigerated	25°C ± 2°C	60% rH ± 5% rH	
Accelerated Frozen	5°C ± 3°C	No Humidity	
Intermediate	30°C ± 2°C	65% rH ± 5% rH	

Long Term Testing Conditions

Climatic zone	Temp.	Humidity	Min. Duration
Zone I	21°C ± 2°C	45% rH ± 5% rH	12 months
Zone II	25°C ± 2°C	60% rH ± 5% rH	
Zone III	30°C ± 2°C	35% rH ± 5% rH	
Zone IV	30°C ± 2°C	65% rH ± 5% rH	
Zone IVb	30°C ± 2°C	75% rH ± 5% rH	
Refrigerated	5°C ± 3°C	No Humidity	
Frozen	-15°C ± 5°C	No Humidity	



MASTERING STABILITY: BEST PRACTICES FOR ICH Q1A & Q1B COMPLIANCE

- ☒ Select batches representative of final formulation
- ☒ Perform photostability per Q1B using D65-equivalent light sources
- ☒ Document excursions & maintain full audit trails
- ☒ Store in validated chambers with real time monitoring
- ☒ Apply forced degradation studies to stress-test molecule integrity

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The sample types listed are a representation of the many samples stored by Astoriom. Use the QR code to access a more complete version of our best practices guidelines.

Sample Type	Temperature	Best Practices
Whole blood (Biorepository)	<ul style="list-style-type: none"> 4°C (Refrigerator) ≤24–72 hours -80°C (Ultra-low freezer) Months to years 	<ul style="list-style-type: none"> Avoid temperature fluctuations to preserve sample integrity Document all storage conditions for traceability and quality control Use temperature-monitored freezers with alarms
Whole Blood (Stability Studies & DNA/RNA analysis)	<ul style="list-style-type: none"> -80°C (Ultra-low freezer) 	<ul style="list-style-type: none"> Minimize the number of freeze-thaw cycles Store samples in secure, access-controlled facilities Implement regular monitoring of storage conditions
Cells / Stem cells PBMCs, DNA/RNA	<ul style="list-style-type: none"> 2°C to 8°C (Refrigeration) Use: Transport/holding before processing -80°C Use: Short-Term: (hours to few days) -135°C to -196°C (Liquid nitrogen vapor or liquid phase) Use: Years to decades 	<ul style="list-style-type: none"> Minimize refrigeration time to avoid reduced viability For clinical-grade stem cells, follow GMP-compliant protocols and use validated cryobags or vials Minimize freeze-thaw cycles, which damage cells Store in liquid nitrogen vapor phase (-150°C to -196°C) to reduce contamination risk compared to immersion in liquid phase
FFPE Tissue	<ul style="list-style-type: none"> 18°C - 25°C Use: Short-Term (weeks) 2°C - 8°C (Incubator) Use: Medium-Term (several months) -20°C to -80°C (Freezer or Ultra-low freezer) Use: Long-Term (months to years) 	<ul style="list-style-type: none"> Humidity: Low humidity (<30%) is ideal to prevent paraffin block degradation Light: Store in the dark or in opaque containers—UV exposure can degrade nucleic acids Avoid Fluctuations: Temperature cycling can accelerate degradation
FFPE Blocks	<ul style="list-style-type: none"> Room temperature (18–25°C) Use: dry, temperature-stable environment (10–20 years) 	<ul style="list-style-type: none"> Avoid direct sunlight, excessive heat, or fluctuating temperatures Humidity: Keep relative humidity <60%
Drugs / API - Vaccines	<ul style="list-style-type: none"> 2–8°C - Refrigerated vaccines; -15°C to -50°C – Frozen vaccines -60°C to -80°C – Ultra-cold vaccines 	<ul style="list-style-type: none"> Monitor with continuous digital temperature loggers Avoid freezing inactivated protein subunit For Ultra-cold, use specialize freezer or thermal shippers
Drugs / API – Solids	<ul style="list-style-type: none"> 15–25°C (controlled room temp) 	<ul style="list-style-type: none"> Stability testing per ICH Q1A (R2) required for shelf-life assignment Monitor temperatures with calibrated GxP-compliant systems
Medical Devices	<ul style="list-style-type: none"> 2–40°C depending on depending on kit, reagent and device 	<ul style="list-style-type: none"> Documentation - Maintain storage data logs for regulatory inspections (FDA, EMA, ISO) Stability Testing - Conduct per ISO 11607, ICH Q1A, and simulate real-world transport/storage conditions

BECAUSE SAFEGUARDING EVERY SAMPLE MATTERS



ICH, cGMP, MHRA, FDA, CAP accredited and ISO 9001 certified



Global leader in regulatory compliant sample stability & biorepository storage



Dedicated disaster recovery and protection planning solutions



Experts in sample storage design with engineered services and validation solutions